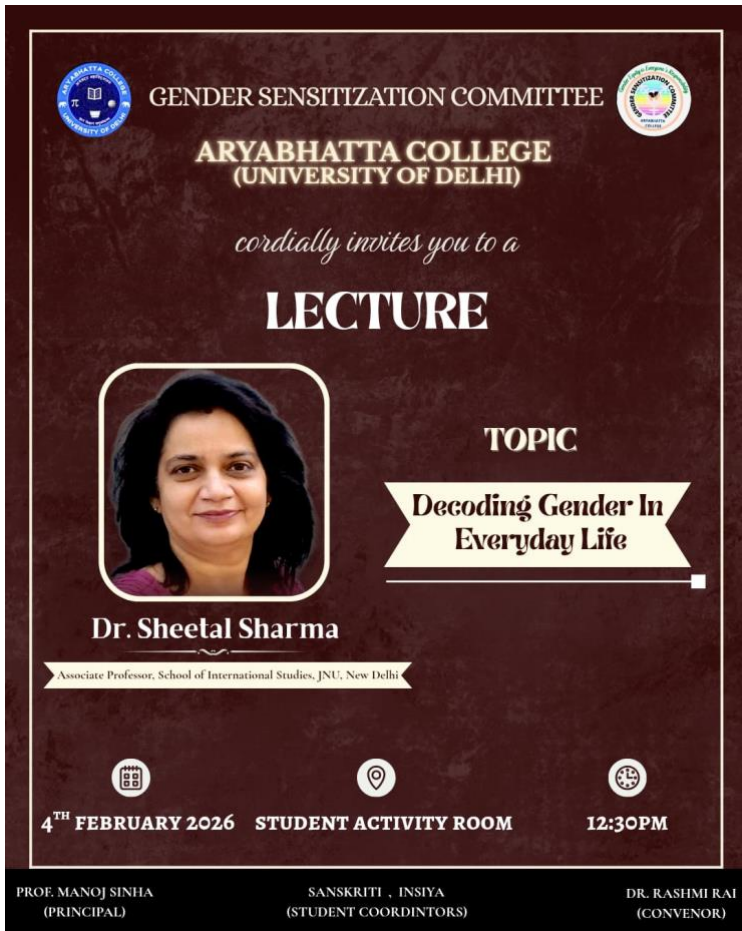


Decoding Gender in Everyday Life



The poster is for a lecture titled "Decoding Gender in Everyday Life" organized by the Gender Sensitization Committee of Aryabhata College, University of Delhi. It features a portrait of Dr. Sheetal Sharma, an Associate Professor at JNU, New Delhi. The event is scheduled for 4th February 2026 at 12:30 PM in the Student Activity Room. The poster also lists the Principal (Prof. Manoj Sinha), Student Coordinators (Sanskriti - Insiya), and the Convener (Dr. Rashmi Rai).

GENDER SENSITIZATION COMMITTEE
ARYABHATTA COLLEGE
(UNIVERSITY OF DELHI)

cordially invites you to a
LECTURE

TOPIC
**Decoding Gender In
Everyday Life**

Dr. Sheetal Sharma
Associate Professor, School of International Studies, JNU, New Delhi

4TH FEBRUARY 2026 **STUDENT ACTIVITY ROOM** **12:30PM**

PROF. MANOJ SINHA
(PRINCIPAL)

SANSKRITI - INSIYA
(STUDENT COORDINATORS)

DR. RASHMI RAI
(CONVENOR)

Date: 4th February ,2026

Time: 12:30 PM

Venue: Student Activity Room

The Gender Sensitisation Committee of Aryabhata College successfully organised a lecture titled “**Decoding Gender in Everyday Life**” on 4th February 2026 at 12:30 PM in the Student Activity Room. The programme was organised with the objective of creating awareness among students about gender roles, stereotypes, and inequalities embedded in everyday social practices. The event was organised in gracious presence of Dr. Rashmi Rai (Convener) and other members of the committee Dr. Geeta Budhraja, Dr. Preeti Gachhe, Dr. Rajiv Ranjan and Dr. Promila .

The committee was privileged to host Dr. Sheetal Sharma, Associate Professor at the School of International studies , Jawaharlal Nehru University (JNU), New Delhi, as the keynote speaker. A renowned academic, Dr. Sharma is known for her extensive research on gender and women's empowerment, exploring social and cultural dynamics in contemporary Europe and India, and their historical contexts. Her remarkable contributions to the field have earned her widespread recognition.





Dr. Sharma's exceptional work in social sciences and humanities has been recognized with the prestigious JNU Research Excellence Award in the young scholars category, a testament to her outstanding research and academic prowess. She explained how gender roles are learned, internalised, and reproduced through family practices, education, media, language, and public policies. Using simple yet powerful daily-life examples, she illustrated how gender bias begins at an early age—through differential upbringing of boys and girls, expectations regarding behaviour, clothing, career choices, and household responsibilities. She discussed how statements such as “boys don't cry” or “girls should be obedient” reinforce rigid gender norms.

She critically discussed social initiatives such as “Beti Bachao, Beti Padhao”, explaining how such schemes highlight the persistent gender gap in education and survival of the girl child. While appreciating the intent behind these initiatives, she encouraged students to reflect on whether societal attitudes towards daughters have genuinely transformed or whether discrimination still persists within households and communities.

Dr. Sharma encouraged students to become conscious individuals who challenge discrimination in their daily lives, rather than viewing gender equality as an abstract concept. It helped students develop a deeper understanding of how gender operates in everyday life and inspired them to question stereotypes and inequalities around them. The interactive nature of the session encouraged critical thinking and reflection. The Gender Sensitisation Committee expressed its gratitude to Dr. Sheetal Sharma for her insightful lecture and to all the students for their active participation. The programme successfully fulfilled its objective of promoting awareness, equality, and inclusivity on campus. The event witnessed enthusiastic participation of more than 100 students across the disciplines.

List of students who attended the lecture

		GE - International Relations Attendance (HISTORY)		09/02/26
	Name	Roll no	Section	
1)	Mishika Kushwaha	HIS/24/60	B	
2)	Raghar Kundra	HIS/24/89	B	
3)	Aditya Lej	HIS/24/7	A	
4)	Ray Anand	HIS/24/86	A	
5)	Aditya Keshri	HIS/24/5	A	
6)	Amisha	HIS/24/129	A	
7)	Nitin Patel	HIS/24/67	A	
8)	Bhuyashi	HIS/24/128	B	
9)	Gauri Hari Das	HIS/24/39	A	
10)	ANJAY KUMAR	HIS/24/15	A	
11)	Shakshi Priya	ECO/24/49	A	
12)	Muskan	ENG/24/55	A	
13)	Pooja Pal	POL/25/081	A	
14)	Disha Khandelwal	POL/25/141	A	
15)	Rajshree Basana	HIS/25/119	A	
16)	Ashu Kuwari	POL/25/133	A	
17)	Anshika kunj	POL/25/009	A	
18)	Pragati	POL/25/75	A	
19)	Tanika	POL/25/107	A	
20)	Prashansa Tripathi	POL/25/077	A	
21)	Keyis Riso	POL/25/049	A	
22)	Amisha Miso	POL/25/121	A	
23)	Bhargavi Sharma	POL/25/015	A	
24)	Kalyani Mishra	POL/25/045	A	
25)	Akshita pokhriyal	BCP BCP program/24/6		
26)	Mitali	BCP/24/039		
27)	BATHIMATH SULTANA T J	POL/25/029	A	
28)	LAKSHMI BHADRA BK B	POL/25/131	A	
29)	TARANA KHATOON	POL/25/109	A	
30)	Roham bumar	Hindi Hin/24/33		

- 27) Prochi Panwar BBE/25/082
- 28) Ayush Kumar BBE/25/030
- 29) Garima Singh MAT/24/64
- 30) Rajiv Sah MAT/24/37
- 31) SACHIN DUBEY MAT/24/39
- 32) Aditi Prajapati BAP/23/98
- 33) Kajal Singh Hin/24/72
- 34) Ishi Kashree
Yadav Hin/24/53
- 35) Satyam MIN/24/40
- 36) Rohit Hin/24/34
- 37) Ansh Kratri ENG/24/13
- 38) Parag K. Jay Eco/24/33
- 39) Ishant Saini Eco/24/63
- 40) Ritik Kumar HIN/24/32
- 41) Md. Shahil HIN/24/16
- 42) Harsh ENG/24/28
- 43) Neha Kumari HIN/24/54
- 44) Rozy HIN/24/52
- 45) Potul HIN/24/51
- 46) Kajal HIN/24/10
- 47) Zannay BMS/25/124
- 48) Manjit Kumar HIS/24/56
- 49) Ushika Eng/24/114
- 50) Jiyaa Gupta Eng/24/40
- 51) Rishu Raj POL/25/089
- 52) Shivang Jaya POL/25/101
- Nourayan Shaikh POL/25/105

- 55) Ankit Rai HIS/24/23
 56) Praveen Singh HIS/24/75
 57) Manish Kumar Hisya PSY/25/39
 58) Karan Sharma PSY/25/33
 59) YUVRAJ PSY/25/65
- 60) Raunak Kumar BBE/29/88
 61) Aditya Choudhary BBE/24/124
 62) Gupion Alam Shah His/24/40
 63) Khushal Singh His/24/52
 64) Parvishit Singh POL/25/072
 65) Shalini Singh HIS/24/102
 66) Shivani HIS/24/106
 67) Omama His/24/68
 68) Suraina BMS/25/086
 69) Mainalini POL/25/61
 70) Aayushi Sinha POL/25/002
 71) Mansi POL/25/130
 72) Katyayni POL/25/44
 73) Jamun Vat8 POL/25/036
 74) Ritika Nath POL/25/090
 75) Nandini Sanja POL/25/64
 76) FATHIMATH SULTHANA J.S POL/25/029
 77) LAKSHMI BADRHA K.B POL/25/131
 78) TARANA KHAPGON POL/25/109
 79) Prashant POL/25/078

GENDER SENSITIZATION COMMITTEE SEMINAR

ATTENDANCE - 4th February 2026 Time - 12:30 PM

S.R No	Name	Roll no	Signature
1.	Nikunjvadhav	POL/25/067	<u>[Signature]</u>
2.	Saithak	POL/25/095	<u>[Signature]</u>
3.	Satyendra Nath	BAP/25/079	<u>[Signature]</u>
4.	Pranay Aroxa	BAP/25/040	<u>[Signature]</u>
5.	Ayush Singh	POL/25/013	<u>[Signature]</u>
6.	Yashashvi	POL/24/121	
7.	Uunit	POL/24/121	<u>[Signature]</u>
8.	Deepika	POL/24/41	<u>[Signature]</u>
9.	Ishita Ranjan	POL/24/31	<u>[Signature]</u>
		POL/25/035	<u>[Signature]</u>
10.	Ravi Bijyedavshi	POL/23/71	<u>[Signature]</u>
11.	Kirtika Kaushik	POL/25/051	<u>[Signature]</u>
12.	Sauhardi Uniyal	BAP/24/114	<u>[Signature]</u>
13.	Ananya Nair	POL/24/09	<u>[Signature]</u>
14.	Bonika Das	POL/24/27	<u>[Signature]</u>
15.	Nauman Raza	POL/24/69	<u>[Signature]</u>
16.	Saurabh Kumar	BMS/23/64	<u>[Signature]</u>
17.	Sarthak Goyal	BMS/23/127	<u>[Signature]</u>
18.	Abhinav Raj	BMS/23/63	<u>[Signature]</u>
19.	Shubham Kumar	POL/25/0137	<u>[Signature]</u>
20.	Chhatispati	POL/25/021	<u>[Signature]</u>
21.	Niti k Kumar	POL/25/069	<u>[Signature]</u>
22.	Archi	POL/25/012	<u>[Signature]</u>
23.	Jiwari Nirali	CC/25/048	<u>[Signature]</u>
	Shailendrabhai		
4.	Nikhil Anand	BBE/25/072	<u>[Signature]</u>
5.	Daaghana Reji	BBE/25/036	<u>[Signature]</u>

80) Bhama POL/25/134
81) Shaahi HIS/24/103
Jai HIS/24/44
Monika HIN/25/27
sheetal HIS/25/105
Priti HIN/25/36
Khushi HIS/24/53
Deepanki HIS/24/31
Raj HIS/24/86
Abhishegan HIS/24/03
Sonia Sharma ENG/24/84
Akshita ENG/24/6
Zona ENG/24/120
Srishti ENG/24/102
Patanav BCH/25/37
Shreya ENG/24/92
Bhawana BBE/24/28
Kritika BBE/24/52

Ankura HIS/24/18

Amruti HIS/24/111

Aksh HIS/24/2

Srijal POL/25/105

yijit kumar DHS/25/100

Rivek Kumar Paowan POL/25/123

Tushor Kumar POL/25/112

Priyamod POL/25/076

Vakshi POL/25/119

Shreya POL/25/103

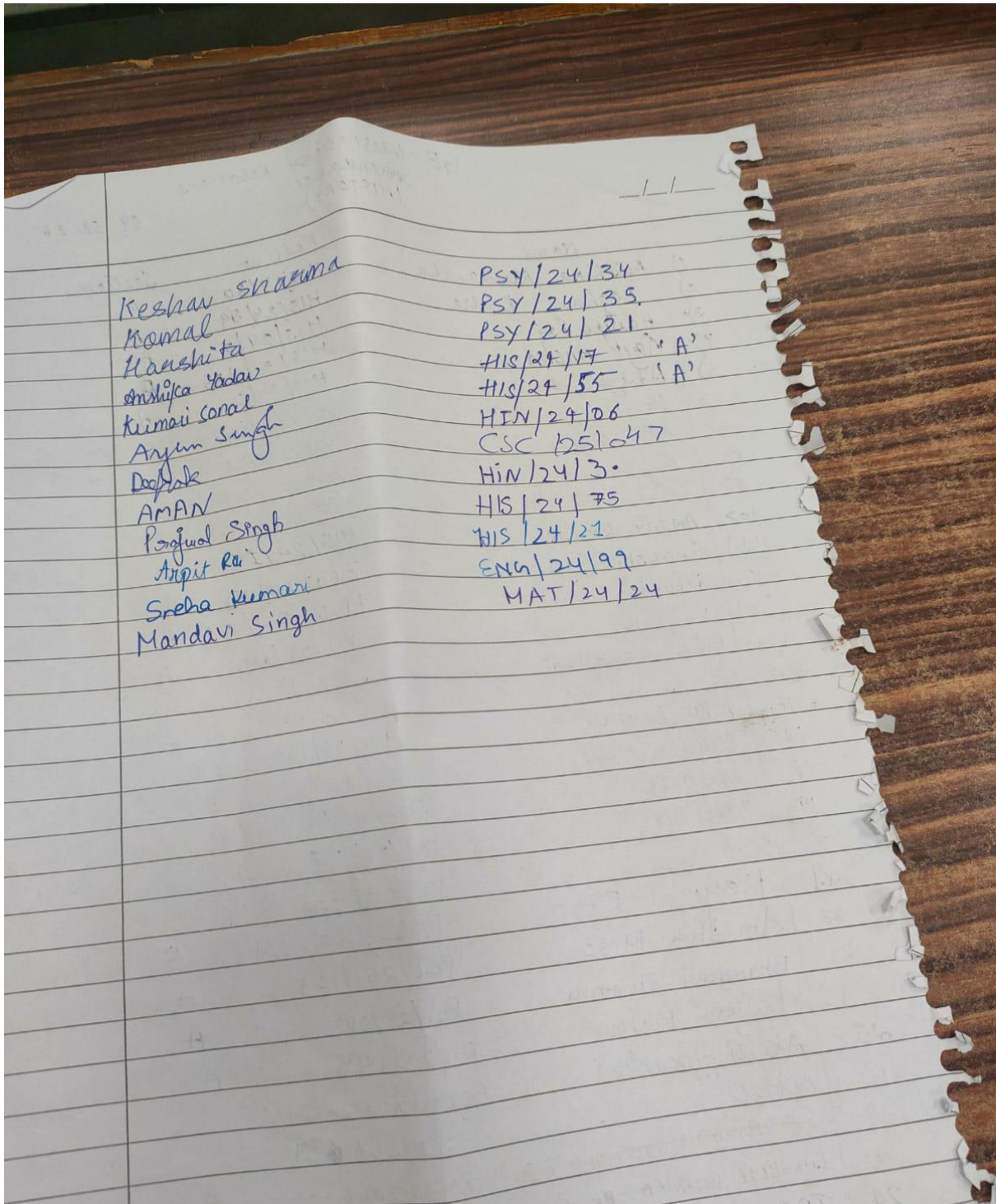
Jatin POL/25/37

Soumya POL/25/97

Riya POL/25/91

pol/24/17
pol/24/35
pol/24/93
pol/23/88
pol/23/20
pol/25/047
pol/25/057
pol/25/063
Anushka
Samra
Rishika
Shreya
Sanskriti
Keshav
Mahas
Namah

Serial no.	Name	Roll no.	Sign
1	Kalyani	Pol/25/045	Kalyani
2	Bhargavi	Pol/25/015	Bhargavi
3)	Keya	Pol/25/049	
4)	Tanika	Pol/25/107	
5)	Aashu	Pol/25/133	
6	Amisha	Pol/25/121	
7)	Prashansa	Pol/25/77	
8)	Disha	Pol/25/141	
9)	Priya	Pol/25/81	
10)	Aadhya	BMS/25/001	
11)	Om	BMS/25/132	
12)	Pujawati	Pol/25/083	
13	Rajshree Bhasara	HIS/25/119	Rajshree Bhasara
14)	Keshav	BMS/25/128	
15)	Abhir	BMS/25/004	Abhir
16)	Sidhant	BMS/25/130	Sidhant
17)	Prachi Teotia	ENG/24/65	Prachi
18)	Smriti Kumari	ENG/24/103	Smriti
19)	Sakshi Yadav	HIS/24/95	Sakshi
20)	Maulik	HIS/24/59	Maulik
21)	Kashish	HIS/24/51	Kashish
22)	Aayush	HIS/24/01	Aayush
23)	Divyansh	HIS/24/35	Divyansh



Report by Samra Singh (pol/24/99)